Ballet Uniform Requirements

HAIR REQUIREMENTS:

Hair must be worn in a classical bun with no bangs. If hair is short, it is to be held back by a headband. The nape of the neck must be visible at all times. For all classes, please — no jewelry, nail polish or underpants.

HAIR REQUIREMENTS-PERFORMING & STRETCH:

Long hair should be in a ponytail. Short hair is held back by a headband. No jewelry, nail polish or underpants.

* For all classes, tights as required for year end performance. This information will be communicated in the Spring of 2022.

Absolutely no – shirts, sweatshirts, shorts or sweatpants in any ballet class except for initial warm up in the colder months. All dancers must wear a body suit, tights and proper shoes for ballet classes.

MONDOR TIGHTS ONLY!

Class	Uniform
Ballet - Primary Foundation A & B & Ballet - Primary A & B	 Mondor Style #1635 PINK short-sleeved bodysuit, RAD approved Mondor Style #167 PINK socks RAD approved Wrap over skirt to match the pink leotard – Mondor Style #16100 Pink leather ballet slippers with pink elastic (No canvas – can be Split Sole) Pull on pink chiffon may be acceptable – please check with the teacher
Ballet - Grade 1 A & B Foundation & Technique & Ballet - Grade 1 A & B, Exam & Technique	 Mondor Style #1645 in NAVY BLUE sleeveless, tank style bodysuit, navy blue waist elastic Mondor Tights ballet PINK RAD approved, style #316 Pink leather ballet slippers or canvas split sole with pink elastics Character shoes Character skirt Character skirt: cotton circle skirt, dark colour (black) below knee to mid shin length (3 inches below the knee). Usually are customer made or bought second hand. On-Stage and All for Dance will sew or carry these skirts in stock Character shoes: low heel. ABSOLUTELY NO CUBAN HEEL
Ballet - Grade 2A & 2B, Exam & Technique	 Mondor Style #1645 in NAVY BLUE sleeveless, tank style bodysuit, navy blue waist elastic Mondor Tights ballet PINK RAD approved, style #316 Pink leather ballet slippers or canvas split sole with pink elastics Character shoes Character skirt Character skirt: cotton circle skirt, dark colour (black) below knee to mid shin length (3 inches below the knee). Usually are customer made or bought second hand. On-Stage and All for Dance will sew or carry these skirts in stock Character shoes: low heel. ABSOLUTELY NO CUBAN HEEL
Ballet - Grade 3A & 3B Exam & Technique	 Mondor Style #1645 in NAVY BLUE sleeveless, tank style bodysuit, navy blue waist elastic Mondor Convertible Tights ballet PINK RAD approved, style #319 Pink leather ballet slippers or canvas split sole with pink elastics Character shoes Character skirt Character skirt: cotton circle skirt, dark colour (black) below knee to mid shin length (3 inches below the knee). Usually are customer made or bought second hand. On-Stage and All for Dance will sew or carry these skirts in stock Character shoes: higher (Cuban) heel
Ballet - Grade 4A & 4B Exam & Technique	 Mondor Style #1645 in NAVY BLUE sleeveless, tank style bodysuit, navy blue waist elastic Mondor Convertible Tights ballet PINK RAD approved, style #319 Pink leather ballet slippers or canvas split sole with pink elastics Character shoes Character skirt Character skirt: cotton circle skirt, dark colour (black) below knee to mid shin length (3 inches below the knee). Usually are customer made or bought second hand. On-Stage and All for Dance will sew or carry these skirts in stock Character shoes: higher (Cuban) heel

Ballet - Grade 5A & 5B Exam & Technique	 Mondor Style #1645 in NAVY BLUE sleeveless, tank style bodysuit, navy blue waist elastic Mondor Convertible Tights ballet PINK RAD approved, style #319 Pink leather ballet slippers or canvas split sole with pink elastics Character shoes Character skirt Character skirt: cotton circle skirt, dark colour (black) below knee to mid shin length (3 inches below the knee). Usually are customer made or bought second hand. On-Stage and All for Dance will sew or carry these skirts in stock Character shoes: higher (Cuban) heel
Ballet - Grade 6A & 6B Exam & Technique, Ballet - Grade 7A & 7B Exam & Technique & Ballet - Grade 8A & 8B Exam & Technique	 Mondor Style sleeveless, tank style bodysuit BLACK with elasticized belt – Style #13520, 1633, 11646, 3546 Black chiffon knee length chiffon skirt Mondor Convertible Tights ballet PINK RAD approved, style #319 Pink leather or canvas ballet slippers with pink elastic (Split Sole) Character shoes & Skirt
Ballet - Free Movement 1 / Pre- Pointe, Ballet - Free Movement 2 / Pre - Pointe 2, Ballet - Free Movement 3 / Pre- Pointe 3	 Mondor Style sleeveless, tank style bodysuit, black, navy, royal blue, lavender, red or mulberry with elasticized belt - Style #13520 1633, 11646, 3546 Mondor Convertible Tights ballet PINK RAD approved, style #319 Pink leather or canvas ballet slippers with pink elastic (Split Sole) Pointe shoes with pink ribbons (Free Movement 2 and 3) Do not purchase pointe shoes until your teacher informs you to do so
Ballet - Intermediate Foundation Part 1 & 2	 Mondor Style bodysuit with waist elastic – Black – Mondor style #13520 Hard pointe shoes with pink ribbons Ballet slippers with ribbons Mondor Convertible Tights ballet PINK RAD approved, style #314 Do not purchase pointe shoes until your teacher informs you to do so
Ballet - Intermediate Part 1 & 2	 Mondor Style bodysuit with waist elastic – Black – Mondor style #13520 Hard pointe shoes with pink ribbons Soft Pointe shoes with ribbons Mondor Convertible Tights ballet PINK RAD approved, style #319 Do not purchase pointe shoes until your teacher informs you to do so
Ballet - Advanced Foundation, Ballet - Advanced 1 Part 1 & 2, Ballet - Advanced 2 Part 1 & 2	 Mondor Style sleeveless leotard – Black – Style #1633, 1645, 13520, 3546, 3545 Hard pointe shoes with pink ribbons Soft Pointe shoes with pink ribbons Mondor Convertible Tights ballet PINK RAD approved, style #319 Do not purchase pointe shoes until your teacher informs you to do so
Ballet - Foundation	 Bodysuit (any colour or style) Mondor Convertible Tights ballet PINK RAD approved, style #319 Beige Jazz Shoes (oxford style) Split sole ballet slipper with elastics (canvas) Short-wrap skirt for centre work
Boys - All Classes	 White short sleeved t-shirt or leotard Navy or black shorts or tights White socks White Ballet Slippers with White Elastics White ballet slippers must be worn for ballet exams. Character Shoes (Grade 1 - 8)
Competition - Ballet	 Bodysuit any colour or style Tights any color for class and as required for performances Shoes as required Teacher will advise upon first days of class and as performances are planned
Progressing Ballet Technique Junior & Senior	Ballet Attire worn to your regular ballet class

Jazz Uniform Requirements

HAIR REQUIREMENTS:

Long hair should be in a ponytail. Short hair is held back by a headband. For all classes, please—no jewelry, nail polish or underpants.

* For all classes, tights as required for year end performance. This information will be communicated in the Spring of 2022.

MONDOR TIGHTS ONLY! No Capezio Tights.

Class	Uniform
Jazz - Primary Level Jazz - Level 1, Jazz - Level 2, Jazz - Level 3 Jazz - Level 4	 Sleeveless black bodysuit Beige tights (Mondor – Light Tan) Beige Jazz Shoes (Bootie style) Sweat pants for warm-up
Jazz -Level 5 Jazz - Level 6 Jazz - Level 7 Jazz - Level 8 Jazz - Advanced	 Bodysuit any colour, bootie shorts and/or leggings Beige Jazz Shoes (Bootie style) Warm-up attire (hoodie or sweats as preferred)
Jazz - Foundation	 Bodysuit any colour, and bootie shorts Beige tights (Mondor – Light Tan) Beige Jazz Shoes (Bootie style) Sweat pants for warm-up
Competition - Jazz	 Bodysuit any colour, and bootie shorts Beige Tights (Mondor – Light Tan) Beige Jazz Shoes (Bootie style) Sweat pants for warm up Note: You may need to also purchase Black Jazz Shoes & special tights depending on the number being performed for competition
Boys	 White T-Shirt – Fitted (Not Baggy) Black Pants Beige Jazz Shoes Sweat Pants for Warm-Up

Lyrical/Contemporary Uniform Requirements

HAIR REQUIREMENTS:

Hair Requirements Lyrical/Contemporary: Long hair should be worn up in a bun and pulled away from face. Short hair should be held back by a headband. No nail polish, no jewelry.

Class	Uniform
Lyrical/Contemporary - Level 3, Lyrical/Contemporary -Level 4, Lyrical/Contemporary -Level 5, Lyrical/Contemporary -Level 6, Lyrical/Contemporary -Level 7, Lyrical/Contemporary -Level 8, Lyrical/Contemporary - Advanced	 Black body suit Mondor Beige Convertible Tights Black shorts are optional Beige Jazz Shoes (Bootie Style) Nude pair of "with traction" socks (apolla performance shock socks), the Lifeknit™ Sox by Capezio or the Mondor socks Lyrical/Contemporary Warm-Up Uniform Requirements: Black sweat pants Ensure dancers write their names on theirs.
Lyrical/Contemporary Competition	 Black body suit Mondor Beige Convertible Tights Black shorts are optional Beige Jazz Shoes (Bootie Style) Nude pair of "with traction" socks (apolla performance shock socks), the Lifeknit™ Sox by Capezio or the Mondor socks Lyrical/Contemporary Warm-Up Uniform Requirements: Black sweat pants Ensure dancers write their names on theirs.
Boys	Black t-shirt and black shorts.



Tap Uniform Requirements

HAIR REQUIREMENTS-TAP:

Long hair should be in a ponytail. Short hair is held back by a headband. For all classes, please—no jewelry, nail polish or underpants.

* For all classes, tights as required for year end performance.
This information will be communicated in the Spring of 2022.

MONDOR TIGHTS ONLY! No Capezio Tights.

Boys: Black pants and a fitted tshirt.

Class	Uniform
Tap - Pre-Primary Foundation A & B & Tap - Primary A & B	 Short sleeved or tank black or navy bodysuit Beige tights (Mondor – Light Tan) Capezio Caramel "Tyette" Boys: Black Oxford Style
Tap - Level 1 & Tap - Level 2	 Short sleeved or tank black or navy bodysuit Beige tights (Mondor – Light Tan) Capezio Caramel "Tyette" or Bloch "Tap ON" (No Velcro allowed or Cuban heels allowed) Boys: Black Oxford Style – No slip on's allowed.
Tap - Level 3 Foundation & Tap - Level 3	 Bodysuit any colour, bootie shorts, or leggings Beige tights (Mondor – Light Tan) Bloch "Oxford" lace-up in Tan; split soles Boys: Black Oxford Style – No slip on's allowed.
Tap - Level 4 Foundation & Tap - Level 4	 Bodysuit any colour, bootie shorts, or leggings Beige Tights (Mondor – Light Tan) Bloch "Oxford" lace-up in Tan; split soles Boys: Black Oxford Style – No slip on's allowed.
Tap - Level 5 Foundation, Tap - Level 5	 Bodysuit any colour, bootie shorts, or leggings Beige Tights (Mondor – Light Tan) Bloch "Oxford" style lace-up in Tan; full sole preferred. Boys: Black Oxford Style – No Slip on's allowed.
Tap - Level 6 Tap - Level 7 Tap - Level 8	 Bodysuit any colour, bootie shorts, or leggings Beige Tights (Mondor – Light Tan) Bloch "Oxford" style lace-up in Black; full sole required. Sync Tap by Bloch or Jazz Tap by Bloch preferred. No Split Sole Allowed.
Tap - Advanced	 Bodysuit any colour, bootie shorts, or leggings Beige Tights (Mondor – Light Tan) Bloch "Oxford" style lace-up in Black; full sole required. Sync Tap by Bloch or Jazz Tap by Bloch preferred. No Split Sole Allowed.
Tap - Foundation	 Bodysuit any colour, bootie shorts, or leggings Beige tights (Mondor – Light Tan) Capezio Caramel "Tyette" or Bloch "Tap ON" (No Velcro allowed or Cuban heels allowed) Boys: Black Oxford Style – No slip on's allowed.
Rhythm & Skills Junior, Intermediate & Senior/Advanced	As per tap class requirements.
Tap - Adult	Black Tap Shoes (Oxford Style Preferred)Comfortable Exercise / Dancewear
Competition - Tap	 Bodysuit any colour, bootie shorts, or leggings Beige Tights (Mondor - Light Tan) As per regular class for year. Teacher will advise of additional shoes requirements if applicable. Note: You may need to also purchase Alternate Tap Shoes this season depending on competition number

Hip Hop Uniform Requirements

HAIR REQUIREMENTS:

Hair should be off of face, pulled back into a ponytail. If hair is short, it is to be held back by a headband. Bandanas acceptable. For all classes, no jewelry, make-up, and nail polish.

STUDENTS MUST COME TO CLASS WITH THEIR SHOES, OR UNFORTUNATELY THEY WILL BE UNABLE TO PARTICIPATE.

NO BAGGY T-SHIRTS, NO NEGATIVE SAYINGS OR SHIRTS WITH ANYTHING OFFENSIVE ON THEM. IF YOU ARE NOT SURE, ASK YOUR TEACHER PLEASE.

Class	Uniform
Hip Hop - Primary, Hip Hop - Level 1, Hip Hop - Level 2, Hip Hop - Level 3, Hip Hop - Level 4, Hip Hop - Level 5, Hip Hop - Level 6, Hip Hop - Level 7 & 8, Hip Hop - Advanced	 Dance attire. Loose stretch pants acceptable. No T-shirts. No blue jeans. Tank tops in any color are acceptable. Any type of Nike sneaker; sport shoes are the best. Similar to photo below. Doesn't need to be exact just similar. No skate board style shoes.
Hip Hop - Foundation	 Dance attire. Loose stretch pants acceptable. No T-shirts. No blue jeans. Tank tops in any color are acceptable. Any type of Nike sneaker; sport shoes are the best. Similar to photo on below. Doesn't need to be exact just similar. No skate board style shoes.
Competition - Hip Hop	 Dance attire. Loose stretch pants acceptable. No T-shirts. No blue jeans. Tank tops in any color are acceptable. Any type of Nike sneaker; sport shoes are the best. Similar to photo below. Doesn't need to be exact just similar. No skate board style shoes. Students may need to purchase different shoes for competition depending on the dance number. The instructor will inform you when this is the case



Creative Movement Uniform Requirements

HAIR REQUIREMENTS:

Hair should be off of face, pulled back into a ponytail. If hair is short, it is to be held back by a headband. For all classes, no jewelry, make-up, and nail polish.

Class	Uniform
oreduve rievemen	 Bodysuit any colour Shorts and T-shirt / Tank Top Barefeet or ballet slippers Footless pink ballet tights (optional)

Introduction to Dance Uniform Requirements

HAIR REQUIREMENTS:

Hair should be off of face, pulled back into a ponytail. If hair is short, it is to be held back by a headband. For all classes, no jewelry, make-up, and nail polish.

Class	Uniform
Girls	 Bodysuit any colour Footless Tights Ballet slippers leather Wrap skirt or pull on skirt above the knee (optional) - any colour to match bodysuit
Boys	 White t-shirt Black shorts White or black short socks Ballet slipper leathers - black



HAIR REQUIREMENTS:

Hair can be in a low ballet bun, two french braids, or one single french braid. For all classes, no jewelry, make-up, and nail polish.

Class	Uniform
All Levels	 Attire needs to be form fitting Bodysuit or tank top with shorts, crops, or leggings; black is preferred for all tops/ bottoms